

Bernalillo County Parks & Recreation Youth & Senior Services

Field Trips

- Beauty School
- Chimayo
- Indian Pueblos
- Old Town
- Picnics
- Restaurants
- Shopping
- State Fair
- Wagner Farms
- Picnics

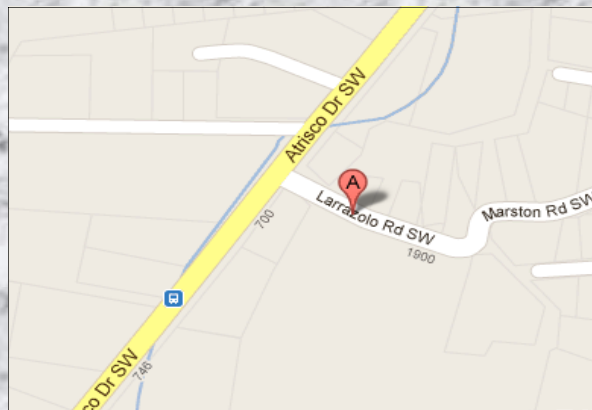
Special Events

- Dances
- Flea Markets
- Holiday Events
- Pot Lucks
- Senior Special Recognition Day
- Talent Shows

Available Space for Meetings, Seminars, Trainings & Workshops



For more information
please call:
505-468-7341



Location: 2008 Larrazolo Rd S.W.
(Off Atrisco, 1 mile south of Central 1/2
mile north of Bridge Blvd)

Bernalillo County Parks & Recreation Youth & Senior Services



South Valley MultiPurpose Senior Center

2008 Larrazolo Rd SW
Albuquerque, NM 87105

Phone: 505-468-7341
Email: Parks@bernco.gov



2012 Program Guide

PROGRAMS

MEALS

ACTIVITIES

Ceramics

Tuesdays & Thursdays
9:00—4:00 p.m.

Computer Classes

“Introduction to Computers”
(Internet, flyers, business cards, music &
picture downloads & more)
Classes are held quarterly:

January—March
May—July
September—November

Call for dates and times. Limit of 8
students per class.

Fitness

Monday—Friday
8:00—12:00 p.m.
12:30—4:00 p.m.

Sewing

(come join the Silver Wing Quilting Bees
for sewing, quilting and embroidery)

Friends helping Friends

Monday—Friday
8:00—5:00 p.m.

Bernalillo County, in collaboration with the City
of Albuquerque—Department of Senior Affairs,
provides hot meals for seniors 50 years and
older.

Prices:

60 plus: \$2.00 suggested donation

Ages 50-59: \$3.25

Dates: Monday—Friday

Times: 11:30—12:00 p.m.



Contact Viola Abeyta, meal site
supervisor at 468-7604 or 468-7341 for
more information.

Arts & Crafts

Tues: 9:00—11:30 a.m.

Bingo

Mon, Tue & Wed: 9:30—11:30 a.m.

Live Music & Dancing

(Local Senior Musicians)

Tues: 10:30—11:30am
Thurs & Fri: 9:30—11:30 a.m.

Pottery

Mon & Fri: 9:00—11:30am

Tin Smithing

Wed: 1:00—4:00 p.m.

Wii Games

Tues & Thurs: 9:00—11:30 a.m.